



Notes from the Office

August 2010

What Does Membership with Horse Council BC Do For Me? Part 3

Horse Council BC provides many benefits to our membership that you may not be aware of. In 2010 the following Member Clubs applied for and received Core Funding Grants to help their group run clinics, improve their facilities, run camps and many other situations.

This year the following HCBC Member Clubs received the following Core Grant Amounts:

Pacific Association of the Andalusian and Lusitano Horse - \$400.00 for the Fiesta of the Horse

Equestrian Vaulting Association - \$1500.00 for the FEI Vaulting Competition

Barlow Creed Recreational Riders - \$500.00 Spring Riding Clinic

Western Canadian Reining Association - \$1500.00 to run the Selection Finals for the North American Young Riders at the WCRA West Coach Classic

BC TREC - \$500.00 for Advertising and Website Management

Burnaby Horseman's Association - \$750.00 Open House and Christmas with the Horses

CADORA BC - \$500.00 for the Stephen Clarke Symposium

Nelson And District Riding Club - \$500.00 for the Kootenay Getaway

Vimy Riding Club - \$1000.00 for the renovating the Trail/Warm Up ring on the club facility

BCLM Regional Pony Club - \$1000.00 Pony Club Camp

The recipients of the Core Grant funds encompass a wide range of disciplines and interests. All age groups of members and both recreational and competitive riders will be able to enjoy the results of these projects. The grants also were given to clubs in many different geographical areas of BC.

New in 2010! The Recreation & Industry Grant (RIG)

About the Fund

As of 2010, all Horse Council BC members are now required to purchase an Equine Canada membership at a cost of \$5 per individual. It has been agreed that 30% of the total EC membership funds collected will remain in BC in the form of grant funding for non-sport projects or programs that benefit recreational riders and the horse industry as a whole. For 2010 the total RIG funding available will be at least \$20,000.

Who Can Apply?

Any Horse Council BC club or affiliate member that is in good standing with HCBC for a minimum of 12 months and whose current members are HCBC members as well. Also any committee of HCBC whose projects meet the required criteria can also apply.

What Will Grants be Awarded For?

Grants will be awarded to projects or programs that benefit BC's recreational riders or owners as a whole. All capital projects must be situated on public or publicly contracted lands (i.e. municipal, regional or crown lands).

The following would be eligible for grants:

- Equestrian trail construction
- Trail and trailhead upgrade, improvement and rehabilitation
- Bridge and water crossing construction, upgrade or rehabilitation
- Horse camp sites and facilities such as corrals, high lines, toilets, fire rings, stock watering facilities
- Horse trailer parking facilities at a trailhead or community arena
- Trail & facilities signage
- Community arena and facilities construction, upgrade, improvement or rehabilitation
- Equestrian safety clinics open to all HCBC members
- Educational seminars related to environmental issues of horse ownership (i.e. manure management, pasture management, etc)
- Educational seminars related to horse welfare issues (i.e. responsible breeding, basic equine nutrition, pest and parasite control, equine health and equine first aid)

Note: Educational seminars must be free of charge or at nominal cost to all members of the community.

The Recreation and Industry Grants recipients will be announced in August. To date we have received over 20 applications for consideration all of which are for excellent projects.

Sporting Life on the Coast

BC Ferries and Sport BC are pleased to announce their corporate partnership. BC Ferries and Sport BC recognize that travel is often a barrier to amateur sport teams as they seek competitive opportunities for their athletes. In order to assist in removing this barrier, a new program, Sporting Life on the Coast, has been developed to provide travel support to Sport BC member organizations and their member clubs. Through this exciting program, BC Ferries and Sport BC will assist with ferry travel costs for athletes, coaches and officials.

Criteria

- Applications are open to Sport BC member organizations (Provincial Sport Organizations) and their member clubs * Horse Council BC is a Provincial Sport Organization, so our member clubs can benefit from this program.
- Eligible users of the passes include athletes, coaches and officials for travel to selection or regional / playoff event leading directly to a provincial championship (does not include pre-season or regular season league or event play), Provincial, Western Canadian, or National Championships. In addition, support will also be considered for coaches and officials for travel to a recognized certification or professional development opportunity
- A maximum of \$400 per application will be considered
- Please refer to www.bcferrries.com for information on travel planning and to assist in determining the value of the travel requested for your event
- Passes are only valid for the event and date(s) specified on the application
- Each application must be accompanied by your Coast Sport Experience (see Travel Application), and supporting documentation for your event (i.e. confirmation of registration, tournament/competition information or flyer/brochure).

Application Process

- Applications will only be accepted if all forms are fully complete and meet all application criteria
- Entries will be considered during the following period: June 1, 2009 - May 30, 2010. Applications must be received a few weeks prior to the scheduled event
- Late applications or applications for events that have already occurred will not be considered
- Applicants must be Provincial Sport Organization members in good standing with Sport BC or club members in good standing with a Provincial Sport Organization member

Successful Applicants

- Successful applicants will be notified by Sport BC
- Only those entries selected will be notified
- Ferry passes do not guarantee travel for specific sailings and do not include reservations. Please ensure appropriate travel planning, especially during peak travel times
- All successful applicants will be required to write a letter, within 30 days of the completion of travel, to Sport BC to thank BC Ferries and to describe your Sporting Life on the Coast event (see Travel Application). A photo of your team and sporting event should also be included

Please note there are limited passes available. Every effort will be made for a fair and equitable distribution throughout the sport system. More information is on www.hcbc.ca under the Funding link. Keep this funding in mind for your 2011 ferry needs.

HCBC and the HST

The HST is in affect so Horse Council BC must now charge 12% HST on all memberships, benefits and services that we provide, including membership. **Books from the HCBC bookstore are part of a Provincial exception and only taxed at 5%.** All of the forms and information on the HCBC site are being revised to reflect the HST where applicable, and we hope to have this done as soon as possible. We ask in the meantime that everyone would please remit 12% HST and not the lesser amount should you come across a file that has not been updated yet.

Equine Education Conference 2011

HCBC will be presenting the first annual **Equine Education Conference**, January 21-23, 2011 at the Delta Grand Hotel in Kelowna. Make sure that you mark your calendars and attend this event! Confirmed speakers include Hilary Clayton (equine biomechanics expert), JW Equine (Equine Conformation analysis expert), Isabelle Aube (equestrian athlete exercise and rehab specialist) Jennifer Wood (Animal rescue techniques expert) , Mike King (Capri Insurance expert) and more. Topics will also include legal issues, business planning and marketing for Equine related businesses or coaches. Bring your spouse or significant other with you to enjoy the spa hotel while you spend the day immersed in learning. EC English coaches will receive updating hours for attendance.

The 2011 Western Coaching Update will be held in conjunction with the Equine Education Conference, on the Friday at the hotel. There will not be an offsite component for the Update in 2011.

Please visit our website www.hcbc.ca for more details.

The Long Term Equestrian Development Model

To continue with the introduction of the LTED and what it means, the fourth stage is called "*Learning and Training to Win*". The target age group is 16-21 but as with all of the LTED stages and principles, this is a target chronological age, but the general objectives apply to any rider of any age who is actively riding at this stage.

The key words for this stage are *Fun, Excellence and Achievement*. The coach now assists the rider to consolidate and refine their repertoire of skills. Together the coach and rider develop consistency of performance, success rate with skills executed and practical tactical knowledge that can be implemented in competition. The rider is learning good decision making skills. Sport psychology will now help the rider develop the optimal performance state and refine pre-competition and competition plans. The rider will also learn to analyze and evaluate their performance and adjust their competition plans accordingly. The coach will monitor fatigue and recovery rate of the rider and horse and assist the rider to develop good training habits in relation to warm up, training and competition. At this stage physical fitness is stressed and opportunities that will enhance riders at this stage include Yoga or Pilates, cardio fitness and strength training.

The rider at this stage will be reaching specific technical skill development goals. Individual style while adhering to accepted fundamentals will begin. The rider may at this point start to train on and compete with several horses becoming discipline specific with their riding. They will possess in depth knowledge of the rules, including National and anti doping. Mental skills will be instilled, including visualization, relaxation, focusing, positive self talk, written plans, mental resilience and a host of other similar competition related skills.

If you want to learn more about the Long Term Equestrian Model and how it applies to you or your child, ask your Equine Canada certified coach or email coaching@hcbc.ca for your copy of this document.

Our Members Representing Canada and BC this Summer

2010 is a very exciting year for equestrian sports in BC. HCBC is proud to have members competing at the North American Young Riders Championships as well as members declared for the World Equestrian Games. Both of these events are being held in Kentucky and we wish the teams all the best!

Summer is a great time for riding in BC and enjoying our horses in whatever pursuit that interests you. Keep in mind that the heat of summer can cause dehydration of both rider and horse, so bring some bottled water out on the trail, and make sure your horse has enough to drink as well.

The beauty of horse ownership and horseback riding is that you can enjoy the sport experience no matter what your abilities or goals are. When you are out riding on a trail, riding in an arena, driving down the road or competing at a local show, it is the act of enjoying the experience that offers the reward, not just the pursuit of ribbons.