# The EC Western Rider 1 - 4 Levels

For more information contact coaching@hcbc.ca or go to www.hcbc.ca or contact an Equine Canada Certified Coach

## Candidates will be taught:

- Place and adjust a halter and tie the horse
- Demonstrate proper grooming
- Demonstrate proper horse handling on the ground
- Saddle and bridle correctly
- Mount and dismount in an acceptable manner
- Maintain an acceptable position of: The body The legs The hands At the 3 gaits: walk, jog, lope
- Demonstrate the proper aids for the three gaits and recognition of leads
- Demonstrate properly the elementary method of stopping and backing up
- Demonstrate and explain the rein effects of the direct and opening rein

## Candidates will be taught how to:

- The proper riding position with the use of one hand and two handed positions
- How to post on the correct diagonal and change diagonals
- Maintain a proper riding position of the: a) Body b) Legs c) Hands
- Variations of speed at the lope
- Execute transitions of the gaits
- Name and demonstrate the effects of the indirect rein and the neck rein
- Be able to identify the correct lead (within 5-6 strides)
- Execute correctly all practical work referred to in Rider I

## Candidates will be taught how to:

- And explain the rein of opposition
- Bandage four legs correctly

Rider 2

- Describe and name three bits and explain their use
- Rider turn out will include overall performance and attitudes, clothing, neatness, and conduct
- Name and demonstrate the effect of leg aids
- Execute turn on the forehand
- Execute turn on the haunches

### Candidates will be taught how to:

- Understand and explain basic collection
- Execute a simple change of leads from both directions
- Demonstrate proper longing procedures
- Demonstrate and explain side pass
- Demonstrate and explain Two Track movements
- Demonstrate all practical work referred in Rider I, II and III





Rider 3



