



Equine Canada /
National Coaching Certification Program

English Competition Coach Specialist

Candidate Application Package

National
Coaching
Certification
Program



Programme
national de
certification des
entraîneurs



Equine Canada Resources Available for Coaches & Athletes

Equestrian & Coach Development Courses



TIER 1: Introductory Modules

1. Equestrian Teaching and Learning
2. Planning an Equestrian Lesson
3. Analyzing Beginner Equestrian Performance
4. Making Ethical Decisions in the Equestrian Environment

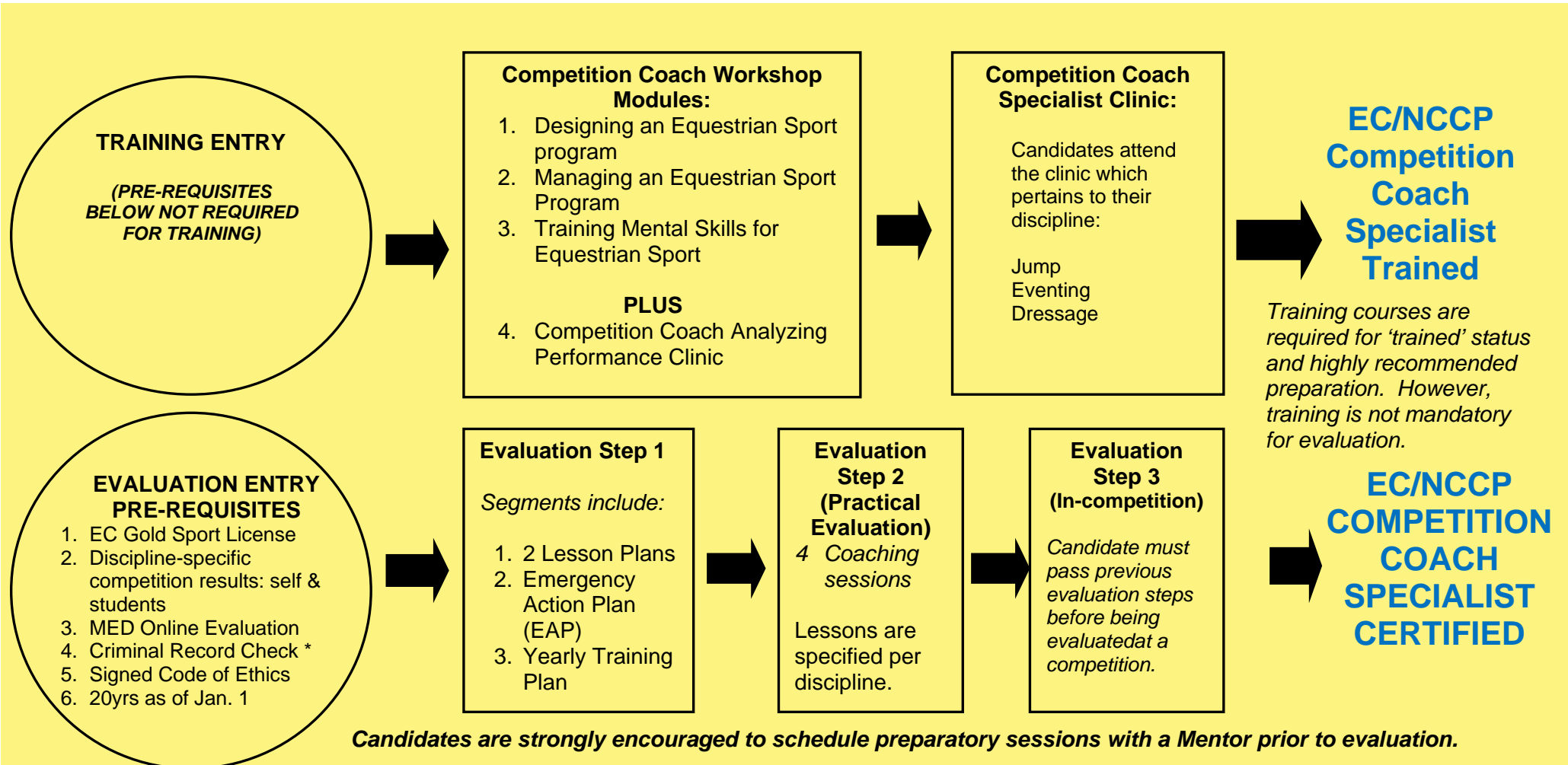
TIER 2: Introduction to Competition Modules

1. Designing an Equestrian Sport Program (yearly training plans)
2. Managing an Equestrian Sport Program
3. Training Mental Skills for Equestrian Sport
4. Analyzing Performance for Competition (English disciplines)
5. Competition Specialist Clinics (Eventing, Jump, Dressage)

TIER 3: Advanced Modules

1. Equine Clean Sport (medications, drug testing requirements)
2. Developing Athletic Abilities (human equestrian athlete)
3. Developing Athletic Abilities (equine athlete)
4. Performance Planning for High Performance (advanced training plans)
5. Advanced Practice Planning (lesson planning)
6. Training and Planning for Equine Injury Prevention & Recovery
7. Analyzing Advanced Equine Performance
8. Managing Equestrian High Performance Sport (insurance and nutrition)

TRAINING AND CERTIFICATION PATHWAY FOR COMPETITION COACH SPECIALISTS (ENGLISH)



CERTIFICATION MAINTENANCE

To maintain certified status, all Equine Canada coaches must maintain:

- EC Sport License and Coaching Levy
- A current CPR/First Aid certificate
- Criminal Record Check *
- 20 hours of qualified professional development within each 3-year period

**as per EC standards*

EQUINE CANADA/NCCP ENGLISH COMPETITION COACH SPECIALIST 2011 EVALUATION APPLICATION FORM

Name: _____ EC #: _____

Address: _____ PTSO# _____

City: _____ Province: _____ Postal Code: _____

Phone Number: (h) _____ (b) _____

(fax) _____ (e-mail) _____

Discipline: _____

I have submitted/attached the following:

OUTCOME #1 - TWO LESSON PLANS & EAP	<input type="checkbox"/> YES	<input type="checkbox"/> NO
OUTCOME #4 - YEARLY TRAINING & RECOVERY PLAN PACKAGE	<input type="checkbox"/> YES	<input type="checkbox"/> NO
OUTCOME #5 - PORTFOLIO	<input type="checkbox"/> YES	<input type="checkbox"/> NO

PLEASE READ THE FOLLOWING CAREFULLY:

I do hereby release the facility at which this evaluation is being conducted, the evaluator(s) and the PSO/EC from any liability for any injuries or damage to myself, or property caused during the above-mentioned evaluation.

Applicants Signature: _____ Date: _____

Please include a traditional résumé and copies of the following with your application:

- 1) Current First Aid Certificate
- 2) Proof of Competition, Training & Coaching (See page 2)
- 3) Copy of current EC Gold (at minimum) Sport License
- 4) Signed copy of Code of Ethics & Coaching Code of Conduct
- 5) Signed Acceptance of Risk Form
- 6) Completed Evaluation Application form

Proof of Competition, Training & Coaching

Please do not include original documents. This application will NOT be returned to you

DRESSAGE

	REQUIREMENTS	SUPPORTING DOCUMENTATION
Competitive Experience	To have shown at a minimum of two (2) shows at Third Level or higher, with a minimum score of 60% at Gold shows	Any documentation providing evidence such as: Name/date of shows, names of judges, copy of judge's sheet. If not available OR (if your competitive experience took place more than ten years ago) two letter(s) of reference from sponsor/coach/show official supporting your competitive experience.
Training Experience	To have prepared a horse which has competed at a minimum of two (2) shows at Third Level or higher with a minimum score of 60% at Gold shows	Any documentation providing evidence such as: Name/date of shows, names of judges, copy of judge's sheet. Please provide a letter(s) from a sponsor, owner/rider of horses trained to supporting your training experience.
Coaching Experience	At least two years coaching experience producing students competing at Second Level or higher, with a minimum score of 60% at Gold shows	Any documentation providing evidence such as: Name/date of shows, names of judges, copy of judge's sheet. Plus name/date of events, a letter(s) from the identified students (or sponsor or parent in the case of a minor), supporting your coaching experience at the identified competitions.

HUNTER/JUMPER

Competitive Experience	To have placed in the top four (4) at a minimum of two (2) Silver or Gold shows at 3'6" (1m10 – no clear round classes) in the hunter and/or jumper divisions	Any documentation providing evidence such as: Name/date of shows, name of judges. If not available OR (if your competitive experience took place more than ten years ago) two letter(s) of reference from sponsor/coach/show official supporting your competitive experience.
Training Experience	To have prepared a horse which has placed in the top four (4) at a minimum of two (2) Silver or Gold shows at 3'6" (1m10 – no clear round classes) in the hunter and/or jumper divisions	Any documentation providing evidence such as: Name/date of shows, name of judges, a letter(s) from a sponsor, owner/rider of horses trained to supporting your training experience.
Coaching Experience	At least two years coaching experience producing at least two (2) students who have placed in the top four (4) at a minimum of two (2) Silver or Gold shows at 3'0" (90 cm – no clear round classes) in the hunter and/or jumper divisions.	Any documentation providing evidence such as: Name/date of shows, names of judges, copy of judge's sheet. Plus name/date of events, a letter(s) from the identified students (or sponsor or parent in the case of a minor), supporting your coaching experience at the identified competitions.

EVENTING

	REQUIREMENTS	SUPPORTING DOCUMENTATION
Competitive Experience	Personal experience at the CNC 1* / national Preliminary Horse Trials level.	Documentation providing evidence such as: Photocopies of your competition results at CNC 1*/Preliminary Horse Trials competitions OR (if your competitive experience took place more than ten years ago) two letter(s) of reference from sponsor/coach/show official supporting your competitive experience.
Training Experience	Practical experience in developing a young horse to the CNC 1* / national Preliminary Horse Trials level.	Any documentation providing evidence such as: Photocopies of your competition results at CNC 1*/Preliminary Horse Trials competitions . Name/date of events, a letter(s) from a sponsor, owner/rider of horses trained to supporting your training experience to the CNC 1* level..
Coaching Experience	A minimum of two (2) students currently at the national Training Horse Trails level or above and working towards competing at a CNC 1* / national Preliminary Horse Trials competition. To complete evaluation, the candidate must have coached or be coaching at least one student at the CNC 1*/national Preliminary Horse Trials level.	Documentation providing evidence including: Photocopies of the students competition results At Training Horse Trials competitions Plus name/date of events, a letter(s) from the identified students (or sponsor or parent in the case of a minor), supporting your coaching experience at the identified competitions.

EVENTING

OWN EXPERIENCE

Rider	Horse	Name of Event	Date (d/m/y)	Div	Dress	Cross country Jump (Time)	Jumping	Final	Place
Coach Name									

TRAINING EXPERIENCE

Rider	Horse	Name of Event	Date (d/m/y)	Div	Dress	Cross country Jump (Time)	Jumping	Final	Place

COACHING EXPERIENCE

Rider	Horse	Name of Event	Date (d/m/y)	Div	Dress	Cross country Jump (Time)	Jumping	Final	Place

HUNTER/JUMPER

OWN EXPERIENCE

Rider	Horse	Name of Competition	Date (d/m/y)	Division	Place
Coach Name					

TRAINING EXPERIENCE

Rider	Horse	Name of Competition	Date (d/m/y)	Div	Place

COACHING EXPERIENCE

Rider	Horse	Name of Competition	Date (d/m/y)	Div	Place

DRESSAGE

OWN EXPERIENCE

Rider	Horse	Name of Competition	Date (d/m/y)	Division	Place	Score
Coach Name						

TRAINING EXPERIENCE

Rider	Horse	Name of Competition	Date (d/m/y)	Div	Place	Score

COACHING EXPERIENCE

Rider	Horse	Name of Competition	Date (d/m/y)	Div	Place	Score



NATIONAL COACHING CERTIFICATION PROGRAM

ENGLISH COMPETITION COACH SPECIALIST

Candidate Outcomes and Criteria Summary

January 2012



**National
Coaching
Certification
Program**



**Programme
national de
certification des
entraîneurs**

INTRODUCTION TO COMPETITION ADVANCED GRADATION ENGLISH COMPETITION COACH SPECIALIST

ALL NCCP certified ENGLISH COMPETITION COACH SPECIALISTS will be able to:

1. Plan lessons/schooling sessions/create an EAP
2. Support the Athlete in Training (Teach lessons/conduct schooling/training sessions)
3. Analyze performance of horses and riders
4. Design an Equestrian Sports Program

RE: TASK #1 and #2 - RIDERS ARE IN A COMPETITION CONTEXT I.E. THEY ARE PREPARING TO GO TO A SHOW.

NB: COMPETITION COACH SPECIALIST MUST ACHIEVE THE ADVANCED GRADATION IN OUTCOME 1,2 AND 3

ALL NCCP certified ENGLISH COMPETITION COACH SPECIALISTS will ALSO be able to:

5. Manage an Equestrian Sports Program
6. Support the Competitive Experience
7. Make Ethical Decisions (No RUBRIC – Evaluated on line)

NB COMPETITION COACH SPECIALIST MUST ACHIEVE THE STANDARD IN OUTCOMES 4,5 AND 6

Outcome #1 – *Plan Lessons/Schooling sessions and create an EAP (One only for home venue)*

TASK: Plan two lessons/schooling sessions

1. Improve the horse and rider
2. Introduce a specific skill

The plan must include:

- a. Logistics
- b. Appropriate exercises
- c. Emergency Action Plan (EAP)

Templates are available for Lesson Plans and EAP

Outcome #2 - Provide Support to Riders/Horses in Training (Teach lessons)

TASK: Teach 4 lessons.

Lessons 1-3 are discipline specific with a maximum of 2 riders or may be private.

**Lesson 4 - Lunge to improve the horse while explaining the process with a student
(THE "STUDENT" KNOWS HOW TO LUNGE)**

The coach must:

- a. Ensure that the lesson/schooling environment is safe**
- b. Implement an appropriately structured and organized lesson**
- c. Make interventions that promote learning**

Outcome # 3 - Analyze performance (Evaluated during the lessons)

The coach must:

- a. Detect errors in riders and horses**
- b. Correct errors in riders and horses**

Outcome #4 - Design a Sports Program

TASK: Submit a Yearly Training Plan (YTP)

The coach must:

- a. Outline program structure based on available training and competition opportunities**
- b. Identify program measures to promote rider/horse development**
- c. Develop practice plans that integrate seasonal training priorities**

Details on the YTP are available

Outcome # 5 - *Manage a Sports Program*

TASK: Submit a Portfolio

The coach must:

- a. Manage administrative aspects of program and oversees logistics**
- b. Report on athlete progress throughout program**

Details regarding the portfolio are available

Outcome # 6 - *Support the Competitive Experience*

TASK: The coach is evaluated during a competition

The coach must:

- a. Prepare for readiness in competition**
- b. Make effective interventions during and after the competition**

Reasons to Train with A Certified Coach or Instructor



PROFESSIONAL & ACCOUNTABLE

Certified coaches are professionals who are expected to adhere to strict standards of the profession. Equine Canada coaches and instructors sign nationally accountable Codes of Ethics and Conduct. Written complaints about coaches are addressed. They are also required to maintain a current and clean police records report on file.

SAFETY & FIRST AID

Trained in procedures, coaches hold a valid First Aid certificate which must be kept up to date for the coach to maintain certification.

TEACHING & COACHING BEST PRACTICES

Certified Coaches and Instructors have been trained and tested on their specific ability to teach and coach human athletes, using techniques and practices upheld by Sport Canada as best standard for coaching for all major sports in Canada. The coaching development curriculum is aligned with standard sport science and coaching skill principles and practices.

KNOWLEDGE & TECHNICAL COMPETENCE

Coach candidates are assessed by very experienced equestrian coaching professionals. In addition to demonstrating coaching and teaching ability, coaches and instructors must demonstrate a high standard of competence in horsemanship, horse care, horse training, riding, business and other skills. They must show proof of continuing professional development activities to maintain certification status.

COMMITMENT

Becoming certified and maintaining certification requires significant time and financial commitment on the part of the instructor/coach. Certification shows personal commitment to the sport and to giving their students the best they can.

CONFORMANCE

Conformance with growing requirement for and public expectation of certification in all amateur sports