

**English Rider 5  
Evaluation Requirements**

No.	Requirement	Evidence
<b>A.</b>	<b>Practical Horse Knowledge</b>	
1	Apply front and back shipping bandage	<i>Riders will need to put on two shipping bandages – one on a front leg and one on a hind leg. They should apply the bandages with even tension, covering from just below the knee down the leg and covering the bulbs of the heels. Knowledge of the proper length of cotton and bandage as well as the bulk of the cotton is needed. The tension should be neither too tight nor too loose. All bandaging materials should be clean and in good repair. The Velcro should end on the outside of the leg near the top of the bandage. If tape is used the tension must not be greater than the tension of the bandage.</i>
2	General Impression: Presentation of candidate, overall confidence and awareness of safety.	

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D.	<b>Lunging Phase</b>	
1	Lunging: Presentation of handler and horse tacked with proper fitting saddle, bridle and boots. Identify equipment and their purpose correctly.	<i>Horse to wear saddle and bridle, protective boots and/or bandages, halter over the bridle is acceptable.</i>
2	Lunging safety: handler`s use of lunge line and whip including when reversing horse.	<i>Evaluators should look for safe handling of lunge line and whip, use of body language, control and confidence.</i>
3	Lunging: technique, use of body language and confidence while lunging walk, trot in both directions.	<i>The purpose is to introduce lunging early. Riders should lunge for 5-10 minutes only! Evaluators note that candidates can share a lunge horse if needed.</i>

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<b>B.</b>	<b>Riding Phase</b>	
1	<b>Position:</b> <ul style="list-style-type: none"> <li>walk, trot and canter in full seat</li> <li>Drop and regain stirrups at canter during warm up as directed by evaluator</li> </ul>	Riders will be tested one at a time dropping and regaining stirrups at canter.
2	<b>Warm up:</b> <ul style="list-style-type: none"> <li>Efficient use of time allotment</li> <li>arena safety</li> <li>effectiveness of warm up</li> </ul>	
3	<b>Figures (accuracy and shape)and Movements(evenness, smoothness of pace and evidence of bend:</b> <ul style="list-style-type: none"> <li>Circles: 15M in trot</li> <li>Circles: 15M in canter</li> <li>3-loop serpentine at trot</li> <li>Lead change through trot on straight line</li> <li>Half turn on forehand</li> </ul>	<p><i>Riders should now begin to demonstrate bend and evenness of gait on circles. Serpentine should show correct shape, ½ circles connected by 2 or 3 steps of straightness. Attempting a change of bend is good, however, the horse may lose some rhythm, balance or forwardness through the change of bend.</i></p> <p><i>The lead change through trot is ridden on a diagonal with emphasis on following the path of the straight line. The transition may be slightly inaccurate or unbalanced at this level.</i></p> <p><i>Half turn on forehand is the beginning exercise to teach the horse to move away from the rider's leg, while also maintaining the intent or desire to move forward. It also teaches the rider better co-ordination of their aids.</i></p>
4	<b>Effectiveness</b> <ul style="list-style-type: none"> <li>Correct use and effectiveness of independent aids at all paces</li> <li>Progressive transitions –general quality</li> <li>Non-progressive transitions: walk-canter, halt-trot</li> </ul>	<p><i>All progressive transitions should be accurate and smooth.</i></p> <p><i>Non-progressive transitions (walk to canter or halt to trot) are introduced.</i></p>
5	<b>Flat Test:</b> <ul style="list-style-type: none"> <li>overall ability to produce a confident, accurate ride appropriate to the level.</li> </ul>	
6	<b>General Impression:</b> <ul style="list-style-type: none"> <li>Applicant turnout and horse presentation</li> <li>Correct mounting, dismounting and handling of the horse</li> </ul>	

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C.	<b>Jumping Phase</b>	
1	<b>Position:</b> <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Course</li> <li>Use of appropriate release</li> </ul>	<p><i>Gymnastic should be set up progressively i.e. starting with the poles.</i></p> <p><i>Gymnastics should be trot into cross rail, 18' (5.50 m) to vertical then 21' (6.40 m) to 2' – 2'3" oxer.</i></p> <p><i>Evaluators should see ability of the candidate to maintain the half seat and showing instinctive use of various crest releases.</i></p>
2	<b>Effectiveness:</b> (control and presentation) <ul style="list-style-type: none"> <li>Gymnastics</li> <li>Course</li> </ul>	
3	<b>Requirement:</b> <ul style="list-style-type: none"> <li>Canter the related line of fences and be able to identify if they were long or tight and how to react after the first fence to arrive more accurately at the second fence.</li> </ul>	<p><i>(old) . Riders should know that their pace on approach will affect the inside distance in the line and be able to tell evaluator if they were long or tight (deep) to the second fence in the line</i></p>
4	<b>General Impression:</b> <ul style="list-style-type: none"> <li>Overall confidence, safety, control; rider conduct</li> </ul>	