The EC English Rider 1-8 Levels

For more information contact coaching@hcbc.ca or go to www.hcbc.ca
Or contact an Equine Canada Certified Coach



Riders at Level 1 should be in the beginning stages of their Equestrian development. At the Rider Level 1, riders acquire the basics of riding and demonstrate of good position, knowledge of "aids" and emphasize "safe" habits



Riders at Level 2 will develop their skills and knowledge acquired during Rider Level 1. At this level the rider will become more independent in both their riding and in their stable management skills.



Rider 3

Riders at Level 3 will develop stability, control and will now demonstrate the ability to ride independently. Riders at Level 3 are now expected to ride an individual flat test and complete a cross-rail jumping course



Riders are starting to co-ordinate the use of the independent aids i.e. leg being used to support hand contact. Riders must be able to recognize an incorrect lead within a few steps and correct it without delay. Riders at this level must demonstrate knowledge of arena rules as required. Riders are expected to complete a flat test and ride jumps at a height of 2' (0.6m).



Rider 5

Riders have a solid awareness of a horse and an ability to maintain rhythm and relaxation. At this level non-progressive transitions are introduced. Examples of non-progressive transitions included walk to canter and halt to trot. Riders at this level will be jumping fences at a height of 2'3" (0.7m) in addition to a flat test.

Riders at Level 6 will demonstrate the ability to ride forward from leg to hand. They will be able to ride the horse forward with impulsion (energy) while maintaining rhythm, regularity and evenness of pace. Riders at Level 6 will complete a flat test and jump fences at a height of 2'6" (0.8m).



Rider 7

Riders at Level 7 ride with consistent contact supported by the leg maintaining rhythm, suppleness contact and impulsion. The Rider at Level 7 is now aware of lateral and longitudinal suppleness and appropriate suppling exercises. They can lengthen and shorten stride at trot. Riders at Level 7 will complete a flat test and jump fences at a height of 2'9" (0.88m).



Riders at Level 8 are competent rider with sound equitation skills. The Rider 8 is able to recognize "true" quality of movement. The Rider 8 is beginning to ride the horse with impulsion and engagement. They can achieve consistent bend and straightness as required. The Rider Level 8 is able to identify basic training problems and offer options for their correction. Over fences, the Rider 8 will complete a flat test and jump a medal type courses of 2'9" (0.88m) - 3' (0.91m). The Rider Level 8



will be able to influence the horse in a positive fashion

