

Evaluation notes for Instructors:

LONGEING A RIDER -

In addition to correct longeing technique the following is relevant to Instructor candidates:

- 1) You will work in pairs (2 people and 1 horse). It is a demonstration of knowledge and technique and requires some "role playing".
- 2) Your time frame is approximately 20 - 25 minutes, each. Within this time frame you must demo without side reins, with side reins and with a "student" rider. You need to lunge one direction only but should mention the importance of going both directions. Your partner should reverse direction, if you are sharing a horse.
- 3) Your horse must be safe and well-schooled. This exercise is a wonderful teaching opportunity but could possibly be dangerous if improperly executed. The candidate must be able to recognize signs of relaxation or tension in the horse, otherwise we put our student in a dangerous situation.
- 4) Side reins should be even and the correct length and height. Slightly long is better than too short. The purpose of side reins must be understood. Ensure that the side reins attach to the bit BELOW the reins going to the riders' hands. This prevents interference.
- 5) When attaching side reins always attach the outside one first, then the inside one. This allows the longer to send the horse forward immediately if necessary.
- 6) ALWAYS undo side reins before mounting rider. Then attach. It is accepted best practice (see resources) that, providing the horse is well trained and the candidate is proficient in skill, it is best when longeing a rider to have side reins attached. Undo before dismounting.
- 7) Generic exercises while mounted are acceptable but for a good mark in this section you would want the corrections and info to be relevant and helpful to the student.

You must spend hours, days, months and years to become good at longeing.

RESOURCE: USPC longeing manual and USDF longeing manual.

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